A Word from the Program Director

It’s that exciting time of the year again……MATCH! I am very happy to announce that we have successfully matched again with 8 exceptional applicants, all of whom come from different backgrounds that will strengthen and diversify our program. Our interview season occurred from October through the end of January. We received over 600 applications for our 8 slots, which is a 20% increase from last year. We interviewed 137 applicants, of which 79% of those interviewed were from Southern California. As you can see, we have had a busy season but well worth the time and effort. We cannot wait to welcome them all to Palm Springs and introduce them to the faculty at DRMC.

Our current residents are all busy finishing up their intern year and overall have gone through their first year seamlessly. We cannot thank the DRMC faculty enough for their time and dedication they have spent teaching the residents. I hear from the residents on a weekly basis how much they enjoy their rotations and the how well the faculty are teaching them. You all definitely play an essential role in helping us build a strong foundation as a new residency program and to our continued success.

Just as our residency program is growing, so is our faculty. In this issue, I would like to highlight Drs. Luanne Carlson and Raquel Jana Mullen. They both share a passion for community health care and strengthen our graduate medical education program in the Valley. Please take the time and read over their bios.

Our community projects are well on their way. Our UCR Care Street Medicine Program is off to a great start. Our website will be released very soon, which will contain updates on what we are doing along with a schedule of events and information. We are currently providing medical care to the unsheltered every other Friday at Our Lady of Guadalupe Church in Palm Springs from 12-1 pm. If you are interested in joining us, please contact Noelle Enguidanos at 760-561-7344. Our pediatric obesity program has also started and we are working with Angel Garcia, a certified nutritionist who has worked as a Promotore for Latino Health Access. With his assistance, the residents and faculty have set into motion a wonderful 8 month program targeting healthier eating habits, exercise, and overall wellness. In partnership with the Palm Springs Unified School District and Planned Parenthood of the Pacific Southwest, our sex education program will run from May 3-12 at Desert Springs Middle School. We are excited to see what outcomes we can achieve to ultimately improve the health of our community.

We are planning for the next faculty development session on the Preceptor as Teacher presentation. We will be sure to notify all of the staff as soon as it is scheduled. Thank you again for your continued support and commitment to graduate medical education!

Dr. Gemma Kim
gemma.kim@ucr.edu
(760)561-7344
We Are Proud to Announce Our New Class of 2019 Family Medicine Residents

Malori Callender
Undergraduate: University of the Virgin Islands
Medical School: Boston University School of Medicine

Sterling Williams
Undergraduate: University of New Mexico
Medical School: University of New Mexico, School of Medicine

Lauren Van Putten
Undergraduate: Andrews University
Medical School: Loma Linda University School of Medicine

Gloria Garcia
Undergraduate: UC Davis
Medical School: UCLA David Geffen School of Medicine

Stephanie Lopez
Undergraduate: UCLA
Medical School: UC Davis School of Medicine

Zana Shirwan
Undergraduate: UC San Diego
Medical School: UC San Diego School of Medicine

Matthew Louis
Undergraduate: UC San Diego
Medical School: University of Hawaii, John A. Burns School of Medicine

Nyokia Peace
Undergraduate: University of San Francisco
Medical School: Howard University College of Medicine
Volunteer Faculty Spotlight: Dr. Bodon

Q: Where did you go to medical school and do residency?
A: I went to medical school at Temple University School of Medicine in Philadelphia, where I also completed my residency.

Q: What are you looking forward to most about teaching residents?
A: I am looking forward to shaping what kind of doctors the residents become.

Q: How do you de-stress? Do you have any hobbies?
A: In my free time, I enjoy Crossfit and Pilates.

Q: What books are you currently reading?
A: I am currently reading the Game of Thrones series by George R. R. Martin.

Q: What is your favorite restaurant?
A: My favorite restaurant would be Trio in Palm Springs or Roy’s in Rancho Mirage.

Q: What do you like most and least about medicine?
A: What I like most about medicine is the ability to care for a family through several generations. What I like the least is the incessant bureaucracy and the continued difficulty in finding services for low income families.

UCR Health Faculty Spotlight

Luanne Carlson, DO
Family Medicine
Assistant Clinical Professor
UCR School of Medicine

Dr. Carlson is board-certified in family medicine. She earned her medical degree from Touro University – California. She completed her internship and residency in family medicine at Mercy/Methodist Hospital in Sacramento, Calif., serving as chief resident.

Prior to joining UCR, Dr. Carlson was a primary care, hospitalist and urgent care physician.

Dr. Carlson joined UCR Health in July 2015. She is an assistant clinical professor in family medicine with the UCR School of Medicine and is UCR Health medical director of MedPost Urgent Care in La Quinta, California. She is also an adjunct clinical professor of family medicine at Touro University College of Osteopathic Medicine in Vallejo, California.

Raquel Mullen, MD
Pediatric Medicine
Assistant Clinical Professor
UCR School of Medicine

Dr. J. Raquel Mullen is a board certified Pediatrician who focuses on improving systems in both clinics and hospitals. She has been instrumental as a medical director in setting up new Electronic health records templates, and implementing developmental screening for all ages in the clinic.

She has a passion for international work in both being the lead for medical missions teams in South America and beyond. As an international task force member for the HPH on the rights of children and adolescents, which is part of the WHO, new literature and ideas are being presented on how to structure hospitals and bylaws in a child friendly manner. Locally she is involved with one of the largest homeless shelters as a board member.

She enjoys teaching the Family Practice residents. Dr. Mullen looks forward to working with the families in Coachella Valley.
A Word from the Designated Institutional Official (DIO)

Gerald Maguire, MD
Clinical Professor
Chair of Psychiatry

I joined UC Riverside in 2014 with the attraction of building the ideal residency program from the ground-up with education as the core. Our program operates on the fundamental principle that our residents are here to be educated first and foremost. With such, we have not encumbered them with service needs as evidenced by our mission of having no call. Instead of working nights and weekends in hospitals and emergency rooms, our residents grow academically by better spending valuable time in scholarly pursuits and community activities.

Our diverse faculty is united with the common bond of providing the best education possible for our residents. Our program offers eclectic training in all facets of psychiatry including psychotherapy and psychopharmacology with multiple training sites available. With ample elective time for clinical and research pursuits with supervision from dedicated faculty mentors, our residents have the full breadth of psychiatry training available.

Dr. Maguire has been named as one of the Best Doctors in America six times and is well-published in numerous psychiatric journals.

Residency Policy Highlights

ACGME Fatigue Requirements

Fatigue among residents and staff may increase the possibility of error, compromise decision-making, and therefore jeopardize safety in patient care. Providing residents with a sound academic and clinical education must be carefully planned and balanced with concerns for patient safety and resident well-being.

Faculty and residents must be educated to recognize the signs of fatigue and adopt and apply policies to prevent and counteract the potential negative effects. Family Medicine residents and faculty will undergo training with the Behavioral Scientist aimed at helping them recognize the signs of fatigue and sleep deprivation as well as learning measures to combat fatigue and procedures to remove themselves from patient care duties if necessary.

Any resident physician who believes they are too fatigued to safely and appropriately evaluate and treat patients will take proper measures to remove themselves from service until such time as they can again safely provide patient care. There will be no academic repercussions for taking time out due to fatigue; however, residents who are temporarily relieved of duty for this reason will need to make arrangements with the Chief Resident/peer elected resident to make-up training time or pay-back coverage at a later date.

ACGME’s Six Core Competencies:

Professionalism

Residents must demonstrate a commitment to carrying out professional responsibilities, adherence to ethical principles, and sensitivity to a diverse patient population. Residents are expected to:

- compassion, integrity, and respect for others;
- responsiveness to patient needs that supersedes self-interest;
- respect for patient privacy and autonomy;
- accountability to patients, society, and the profession; and,
- sensitivity and responsiveness to a diverse patient population, including but not limited to diversity in gender, age, culture, race, religion, disabilities, and sexual orientation.
UCR Family Medicine: Street Medicine Program

This winter, physicians from the UCR School of Medicine Residency Program launched their Street Medicine program. This campaign strives to provide quality care to the displaced population in Palm Springs.

By mobilizing on foot with medical supplies, residents and doctors gain access to highly underserved populations in the region. The team consists of doctors, residents, registered nurses and social workers who work together to seek out where the most vulnerable people can be found, including the homeless population, migrant farmers or the undocumented.

For their first mission, Family Medicine residents targeted Sunrise Park in Palm Springs, CA on Christmas Eve. Their efforts included distributing tote bags filled with personal care essentials – including a hooded sweatshirt, socks, refillable water bottles, lip balm and a toothbrush with toothpaste. Physicians also provided medical kits to those in need.

The Street Medicine program has provided physicians with the foundations for what they aspire to grow into a free clinic, which will act as the home/hub for the street medicine program. For those individuals identified on the streets who require continuity of care such as for chronic diseases, they will be referred to this free clinic to continue their care. The clinic will also have a social worker who can assist those who qualify, to obtain health insurance and navigate through the healthcare exchange. With this program, the physicians hope to divert these individuals from the emergency rooms and hospitals to a primary care setting thereby reducing healthcare costs.

For more information, call the UCR Family Medicine Residency Office at (760) 561-7327.

UCR Family Medicine Residency- Palm Springs

Academic Timeline

- Match Results
- Resident and Faculty Retreat
- New Resident Orientation
UCR Health Family Medicine Center

The UCR Family Medicine Residents and Faculty are currently accepting new patients at the UCR Health Family Medicine Center in the Las Palmas Medical Plaza across the street from Desert Regional Medical Center. Most major insurance plans accepted.

Location:
UCR Health Family Medicine Center
555 E. Tachevah Drive
2 East Suite 107

Contact Us

Family Medicine Residency
Administration Office
555 E. Tachevah Drive
2 East Suite 204
Palm Springs, CA 92262

Gemma Kim, M.D.
Program Director

Noelle Enguidanos
Program Coordinator
Phone: (760) 561-7344
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